



HIRALAL BHAKAT COLLEGE

NALHATI, BIRBHUM, WEST BENGAL, PIN 731220 Estd. 1986

(Affiliated to the University of Burdwan and Re-accredited by NAAC)

Phone: 03465255254, Email: hbcollge@gmail.com Website: www.hbcnht.in

Ref.

Date: 05.07.2022

Activity Report of 2021-22

For “Students’ Welfare & Social Service Advisory Committee” (SWSSAC)

Enhancing Student Wellbeing Amidst COVID-19: Initiatives by the Students’ Welfare & Social Service Advisory Committee (SWSSAC)

Introduction: In response to the challenges posed by the COVID-19 pandemic on student wellbeing and academic pressures, the **Students’ Welfare & Social Service Advisory Committee** (SWSSAC) has undertaken proactive measures to alleviate mental stress and support students during these unprecedented times. This report highlights the initiatives and measures proposed by SWSSAC aimed at fostering the wellbeing of students amidst the pandemic during academic session 2021-22.

Initiatives and Measures:

- 1. Meetings and Collaborative Discussions:** SWSSAC convened regular meetings to assess the evolving needs of students and devise effective strategies to address them. These meetings served as platforms for collaborative discussions among committee members, faculty, and student representatives to identify challenges and propose solutions.
- 2. Tailored Support Programs:** Recognizing the diverse needs of students, SWSSAC proposed tailored support programs to cater to various aspects of student wellbeing. These programs encompassed mental health support, academic assistance and social engagement initiatives to ensure holistic support for students facing challenges during the pandemic.
- 3. Mental Health Support Services:** SWSSAC facilitated access to mental health support services by collaborating with counseling centers, mental health professionals, and online platforms. These services included counseling sessions and online resources to equip students with coping mechanisms and strategies to manage stress and anxiety.
- 4. Academic Flexibility and Support:** Understanding the academic pressures faced by students amidst the pandemic, SWSSAC advocated for academic flexibility and support

measures. These measures included flexible deadlines, alternative assessment methods, and extensions to accommodate students facing difficulties due to COVID-19 related disruptions.

5. **Communication and Awareness Campaigns:** SWSSAC encouraged all the departments to launch communication and awareness campaigns to disseminate information about available support services, mental health resources, and academic policies. These campaigns utilized various channels such as social media, email newsletters, and virtual town hall meetings to reach out to students and ensure they are well-informed about available resources and support systems.

Conclusion: The initiatives and measures proposed by the Students' Welfare & Social Service Advisory Committee (SWSSAC) underscore its commitment to enhancing student wellbeing and alleviating mental stress and academic pressures amidst the COVID-19 pandemic. Through collaborative efforts and tailored support programs, SWSSAC endeavored to foster a supportive and inclusive environment that prioritized the holistic wellbeing of students during these challenging times.

This report serves as a testament to SWSSAC's dedication to supporting students and promoting their welfare, even in the face of unprecedented challenges posed by the ongoing pandemic.

Note: Related notice(s) and resolutions are enclosed herewith



Dr. Mukhlesur Rahman
Convenor,
Hiralal Bhakat College,
Nalhati, Birbhum



Dr. Nurul Islam
Principal
Hiralal Bhakat College,
Nalhati, Birbhum, WB.





HIRALAL BHAKAT COLLEGE

NALHATI, BIRBHUM, WEST BENGAL, PIN 731220 Estd. 1986

(Affiliated to the University of Burdwan and Re-accredited by NAAC)

Phone: 03465255254, Email: hbccollege@gmail.com Website: www.hbcnbt.in

Ref.

Date: 04.01.2022

Notice of Meeting

We are delighted to announce the convening of an online meeting for the Students' Welfare & Social Service Advisory Committee of Hiralal Bhakat College on 08.01.2022 (Tuesday) at 11:00 AM. The meeting will be conducted via Google Meet, and the link will be shared 15 minutes prior to the scheduled time.

Agenda:


- 1. Assessment of Impact and Effectiveness of Implemented Methods during COVID-19 Period (Under 1st Wave and 2nd Wave):** We will delve into evaluating the impact and efficacy of the strategies implemented during the challenging phases of the COVID-19 pandemic.
- 2. Discussion on Challenges Arising after the Outbreak of the Third Wave of COVID-19:** It's crucial to address the emerging challenges following the onset of the third wave of the pandemic, ensuring proactive measures to safeguard the well-being of our students.
- 3. Exploration of Challenges and Mental Stresses Faced by Students Due to Online Learning Formats:** We will engage in a constructive dialogue to understand and mitigate the challenges and mental stresses encountered by students in adapting to online learning formats.
- 4. Miscellaneous Issues, If Any:** We welcome any additional topics or concerns from our esteemed committee members for discussion.

Your presence and valuable contributions are indispensable to the success of this meeting. We kindly request all members to join punctually and actively participate in the discussions.

Copy to:

All members of the committee:

1. Prof. Kritiman Biswas.
2. Prof. Syed Manuaruz Zaman.
3. Dr. Banshidhar Sahoo
4. Dr. Ranabir Mondal.
5. Dr. Niladri Das.
6. Shri Jokibur Rahman.
7. G.S., S.U.
8. C.R.S., S.U.


Dr. Mukhlesur Rahman
Convenor, SWSSAC
Hiralal Bhakat College
Nalhati, Birbhum



Dr. Nurul Islam
Principal
Hiralal Bhakat College
Nalhati, Birbhum, WB.



Principal
Hiralal Bhakat College
Nalhati, Birbhum



HIRALAL BHAKAT COLLEGE

ALHATI, BIRBHUM, WEST BENGAL, PIN 731220 Estd. 1986

(Affiliated to the University of Burdwan and Re-accredited by NAAC)

Phone: 03465255254, Email: hbcollege@gmail.com Website: www.hbcnbt.in

Ref.

Date: 08.01.2022

Resolution of Meeting of SWSSAC, Hiralal Bhakat College

Date: 08.01.2022


Time: 11 a.m.

Venue: Online

Resolutions:

1. After a comprehensive discussion and evaluation of the teaching methods presented during the previous SWSSAC meeting on 08.01.2021, it was unanimously agreed by members from various departments that the practice of establishing WhatsApp groups for both Honours and general courses should be upheld for future semesters. This decision was based on its proven effectiveness not only in enhancing academic engagement but also in fostering social connections among students.
2. Recognizing the heightened stress levels among students caused by ongoing academic disruptions and health concerns stemming from the third wave of COVID-19, it was unanimously resolved that all departments should assume a counseling role during these challenging times. To achieve this, departments are encouraged to implement various strategies, including:
 - Promoting virtual connectivity with the students through all digital means.
 - Encouraging students to participate in activities they enjoy, such as art, music, sports, or other hobbies, to alleviate stress.
 - Organizing virtual departmental events or programs to cultivate a sense of community.
 - Implementing flexible online class schedules to accommodate students' individual needs.
3. It was unanimously resolved that teachers should prioritize establishing personal and social rapport with students to alleviate both mental stress and academic pressures and launch 'Communication and Awareness Campaign'.
4. It was unanimously resolved that all departments may consider arranging for professional counseling services if deemed necessary or collaborate with counseling centers.


Dr. Mukhlesur Rahman
Convenor, SWSSAC
Hiralal Bhakat College
Nalhati, Birbhum


Dr. Nurul Islam
Principal
Hiralal Bhakat College
Nalhati, Birbhum, WB.



Principal
Hiralal Bhakat College
Nalhati, Birbhum